



## INSURANCE PROGRAM MANAGERS GROUP

# GET THE HELP YOU NEED DISEASE MANAGEMENT FROM IPMG

A chronic condition can make life difficult, but you don't have to handle it alone.

IPMG's Disease Management program was developed to improve your overall long-term health. All members who enroll in the program are assigned a nurse case manager to assist with the self-management of chronic conditions.

Disease Management focuses on nine chronic conditions, including:

- » Asthma
- » Chronic kidney disease (CKD)
- » Chronic pain (osteoarthritis, rheumatoid arthritis or low back pain)
- » Coronary artery disease (CAD)
- » Congestive heart failure (CHF)
- » Chronic obstructive pulmonary disease (COPD)
- » Diabetes
- » Hyperlipidemia
- » Hypertension